

# Dangerous Bath Salt Novelty Packets Contain Hallucinogenic Stimulant MDPV\*



Examples of bath salt packets

Parents, teachers, other responsible adults and peers of young people should be on the look-out for:

- **Increase in heart rate** with individuals describing the “heart pounding” or comments like “my heart is going to explode” with heartbeat elevated at 120 beats per minute up to as high as 170 beats per minute or more are possible.
- Extreme **elevations of blood pressure** to dangerously high levels
- Extreme **agitation and anxiety** including paranoid states with individuals become aggressive in some cases or causing self-harm
- **Hallucinations and delusions** of people or objects
- **Trouble sleeping, loss of appetite**, trouble thinking
- **Changes in personality and depression**
- Newly acquired anxiety, agitation, **extreme paranoia** (teens sometimes asking their parents if it is safe in their home, or is someone watching them)
- Aggression and **disturbed speech or behavior**
- Unusual motor movements, **arm thrashing, wild flinging of extremities**
- Strange eye movements (usually during hallucinations)
- **White powder** on lip or nostrils or spilled in room, car, etc and/or **novelty packets** like above
- **Needing more money**, stealing, etc as these products are expensive (e.g., \$19.99 to \$29.99 or even \$35.00 per 200 mg or 0.2 gram packet of bath salts)

\*MDPV is Methylenedioxypyrovalerone



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